Native Understory Tree and Shrub Recommendations for Bird Sanctuaries

The following list of native plants are particularly helpful to birds because they are host plants for a large of number of insect species, as well as providing berries, seeds, nectar and pollen. The majority of bird species need insects (especially caterpillars) to raise their young.

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		Height X Width	Deciduous or		
Scientific Name	Common Name	Mature Size	Evergreen	Flower color	Sun Exposure
<u> Jnderstory Trees</u>					
Amelanchier arborea	Downy Serviceberry	20 X 15	deciduous	white	full sun to part shade
Amelanchier canadensis	Shadblow Serviceberry	30 X 15	deciduous	white	full sun to part shade
Chionanthus virginicus*	Fringe Tree	20 X 10	deciduous	white	full sun to part shade
Cornus florida	Flowering Dogwood	25 X 20	deciduous	white	full sun to part shade
llex decidua*	Possumhaw holly	15 X 15	deciduous	white	full sun to part shade
Viburnum prunifolium**	Blackhaw Viburnum	15 X 10	deciduous	white	full sun to part shade
Shrubs					
Aronia arbutifolia	Red Chokeberry	8 X 5	deciduous	white	full sun to part shade
Aronia melanocarpa	Black Chokeberry	8 X 6	deciduous	white	full sun to part shade
Callicarpa americana	American Beautyberry	8 X 8	deciduous	white to pink	full sun to shade
llex glabra*	Inkberry	8 X 8	evergreen	white	full sun to part shade
llex verticillata*	Winterberry	8 X 8	deciduous	white	full sun to part shade
Lindera benzoin*	Spicebush	10 X 6	deciduous	yellow	full sun to shade
Rhus aromatica	Fragrant Sumac	4 X 8	deciduous	pale yellow	full sun to part shade
Viburnum dentatum**	Arrowwood Viburnum	8 X10	deciduous	white	full sun to shade
* At least one male plant must i	be present for female plants to pro	oduce berries.			
* Plants will produce more ber	ries if you plant more than one pla	nt for cross pollin	ation.		
Native Plant Nurseries:					
Growild	http://www.growildinc.com/				
zel Plants (mail order only)	www.izelplants.com				
Nearly Native Nursery	http://www.nearlynativenursery.com/index1.cfm				
Reflection Riding	https://reflectionriding.org/101.110				
Tennessee Naturescapes	www.tennesseenaturescapes.com				
Wild Ones Plant Sales	https://middletennessee.wildones.org/		Next plant sale - 10/16/2021 at Owl's Hill Nature Sanctuary		
				Created by Patt	y Ghertner February 7, 2